

# Walking Lake Pepin 2021

## June 6 to August 14



Let's be Frank...  
The sun is shining and the birds are singing,  
it's a great day to be alive!"



## So Let's Go For a Walk!

Name \_\_\_\_\_

Log Sheet: Record minutes walked  
each day.

	SUN	MON	TUE	WED	THU	FRI	SAT	YOUR TOTAL
<b>WEEK 1</b> June 6 - June 12								
<b>WEEK 2</b> June 13 - June 19								
<b>WEEK 3</b> June 20 June 26								
<b>WEEK 4</b> June 27- July 3								
<b>WEEK 5</b> July 4 - July 10								
<b>WEEK 6</b> July 11- July 17								
<b>WEEK 7</b> July 18 - July 24								
<b>WEEK 8</b> July 25 - July 31								
<b>Week 9</b> August 1 - August 7								
<b>Week 10</b> August 8 - August 14								