

**Walking Lake Pepin 2022 “Walking the 150 Challenge”**

**June 5 to August 13**

**Name**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Log Sheet: **Record minutes OR miles walked each day.**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **SUN** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** | **YOUR**  **TOTAL** |
| **WEEKK 1**  June 5 -  June11 |  |  |  |  |  |  |  |  |
| **WEEK 2**  June 132-  June 18 |  |  |  |  |  |  |  |  |
| **WEEK 3**  June 19  June 25 |  |  |  |  |  |  |  |  |
| **WEEK 4**  June 26-  July 2 |  |  |  |  |  |  |  |  |
| **WEEK 5**  July 3-  July 9 |  |  |  |  |  |  |  |  |
| **WEEK 6**  July 10-  July 16 |  |  |  |  |  |  |  |  |
| **WEEK 7**  July 17-  July 23 |  |  |  |  |  |  |  |  |
| **WEEK 8**  July 24-  July 30 |  |  |  |  |  |  |  |  |
| **Week 9**  July 31 -  August 6 |  |  |  |  |  |  |  |  |
| **Week 10**  August 7-  August 13 |  |  |  |  |  |  |  |  |